

Kint Virtual Training Workshop

Yes, And Also Yes!: Creating and fostering safe virtual therapeutic spaces for trauma populations.

Sunday, March 14th 2021

12:00-2:00 pm

Agenda

I. 12:00-12:15 Introductions and Orientation

- A. Introduce myself, my clinical practice/background and reason for the workshop
- B. Review guidelines for workshop
- C. Brief participant introductions to share clinical identity, modality and current population

II. 12:15-12:30 Introduction to Yes, And! Theory and Practice (15 min)

III. 12:30-1:00 Case Study and Theoretical Underpinnings of Adapted Clinical Practice (30 min)

- A. Yes, And!
Patient/Therapist dyad
- B. Yes And Yes
Patient/Parent dyad
- C. Yes And Also
Parent/Therapist dyad
- D. Yes And Also Yes!
Patient/Parent/Therapist triad

IV. 1:00-1:15 Self and Patient Reflection/Guiding Questions (15 min) whenever possible try to use specific examples to illustrate answers

- A. Yes, And! In your current practice? How are you using your modality to support you in the therapeutic space?
- B. What has changed in the therapeutic relationship and the therapeutic space since you began working virtually? (i.e. who was present/absent in the old therapeutic space, who is now present/absent in the new virtual space?)
- C. What are the current barriers to promoting a safe therapeutic space/relationship?
- D. What other modalities do you have access to at the moment to help problem solve- or what modality has begun to enter or become predominant in the virtual therapeutic relationship/space? Think about the addition of family members and their preferred modality
- E. How might you adapt your current practice and safely integrate additional modality into virtual practice? Think about any additional modality specific workshops/trainings/supervisions you have access to in order to broaden your scope of practice.
- F. What additional protective factors might be helpful to promote safe therapeutic space/relationship

V. 1:15-1:45 Breakout rooms into dyad/triad groups (ideally multi-modal) to share/discuss/
problem solve challenging cases (30 min/15min each)

VI. 1:45-2:00 Group Discussion/Questions/Shared experience/Feedback (15 min)
Additional Resources/Conclusion