

- 2:00 – 2:15 Introduction.
Overview of the workshop.
5 minute Experiential #1- draw a patient's "self-portrait" (baseline data).
- 2:15 – 2:30 Presentation of theoretical material.
- 2:30 – 2:45 Presentation of theoretical material, continued, with clinical applications.
- 2:45 – 3:00 Case examples to illustrate clinical applications.
5 minute Experiential #2 – embodying the theory by drawing your imagined "pathway of psychotherapeutic artistic expression."
- 3:00 – 3:15 Experiential #3 – draw a new version of the same patient's "self-portrait" and then use the written word to describe what you see.
- 3:15 – 3:30 Discussion: Compare drawing #1 with drawing #3 - discoveries, comments, questions.
- 3:30 – 3:45 Experiential #4 – focus on this patient's potential for growth and draw your patient's "future self-portrait," then use the written word to describe what you see.
- 3:45 – 4:00 Discussion: discoveries, comments, questions.